

## *On the Side*

### **Hot Sides**

crispy bacon, grilled ham steak, pork link sausage, turkey sausage

### **Vegetables and Potatoes**

grilled tomatoes, roasted mushrooms, hash brown potatoes, sautéed potatoes, baked beans

## *Baked Just for you*

### **Selection of Pastries**

croissant, pain au chocolat, Danish, muffin, donut

### **Bread**

white or whole wheat rolls, sliced white bread, pumpnickel, white, rye or whole wheat toasts, bagels, English muffins

## *Beverages*

### **Hot Drinks**

American coffee, decaffeinated coffee, hot chocolate, selection of teas and infusions

### **Milk**

whole or skim milk

### **Juices**

orange, pineapple, plum, V8, apple, cranberry, grapefruit, tomato



## *Kids' Menu*

**Strawberry Pancakes**

**Donuts**

**French Toast Sticks with Syrup**

**Scrambled Eggs with Cheese**

**Nutella-Stuffed French Toast**

## *Fruit and Yogurt*

### **Fruit**

fruit salad, half grapefruit, selection of fresh fruit, baked apples, stewed prunes, fruit in syrup

### **Yogurt**

assorted fruit flavors, plain, low-fat

### **Jams and Preserves**

fruit jams, low sugar jams, honey, salted or unsalted butter, margarine, peanut butter

## *The Fiber Harbor*

### **Hot Cereals**

oatmeal, cream of wheat, grits  
[brown sugar and raisins on request]

### **Cold Cereals**

Corn Flakes, Choco-Krispies, Frosted Flakes, Muesli, Rice Krispies, All-Bran, Froot Loops, Honey Loops

### **Birchermuesli**

cereals, plain yogurt, apples, walnuts and honey

## *Cold Dishes*

### **Smoked Salmon, Bagel and Cream Cheese\***

red onions, tomatoes and capers

### **Cold Cuts**

salami, ham, mortadella, turkey

### **Selection of International Cheeses**

ricotta, Gouda, Swiss cheese, mild provolone

## *Breakfast Entrées*

### **Eggs**

#### **Express Breakfast\***

scrambled or fried eggs, pork link sausage, bacon and hash browns, served with toasted bread or freshly baked rolls and fruit juice

#### **Your Choice of Eggs to Order\***

sunny side up, over easy, boiled, scrambled or poached

#### **Cheese & Mushroom Omelet\***

#### **Light Omelet with Egg Beaters\***

prepared plain or with your choice of vegetables of the day

### **Griddle**

#### **Buttermilk Pancakes**

whipped cream served with strawberries or blueberry sauce