

# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Trio of Sweet Italian Temptations

vanilla panna cotta, Sicilian cannolo and tiramisù

### New York Cheesecake

with your choice of topping: chocolate fudge sauce, butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### Poire Belle Hélène

vanilla ice cream, pear, chocolate sauce, whipped cream, and toasted almonds



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls with crispy seeds

Grissini

Country white rolls

## Starters

### Hamachi and Avocado Carpaccio\*

coconut & lemongrass infusion, white rum, cane sugar, cilantro



### Asparagus Panna Cotta

daikon sprouts, truffle caviar

### Cobb Salad

chicken breast, avocado, bacon, tomato, hard-boiled eggs, blue cheese crumbs, iceberg lettuce

*Blue cheese dressing*

### Garbanzo Octopus Soup

roasted octopus medallion, rosemary essence, extra virgin olive oil

## Entrées

### ► Fresh Pasta Made on Board



### Pansoti Filled with Wild Green and Ricotta

dressed with traditional walnut sauce and crispy Parmesan

### Rockfish Stew

ginger-scented fish reduction, black mussels, Pachino tomatoes, string beans

### Grilled Tournedos, Périgueux Sauce\*

grilled asparagus, buttered carrots, oven-roasted potatoes with rosemary



### Pakora

vegetable fritters with onion chutney

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing  
on request with: chicken breast, shrimp tails, tofu scaloppini



### Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins



# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Carrot Cake

cheese cream frosting

### New York Cheesecake

with your choice of topping:  
chocolate fudge sauce,  
butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### Peach Melba

vanilla ice cream, peach,  
raspberry coulis, whipped cream



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls  
with crispy seeds

Grissini

Country white rolls

## Starters

### Atlantic Salmon Salad

lime chervil marinade, green pea coulis, roasted cherry tomatoes

### Arugula and Red Porella Earls

arugula leaves

### V Summer Salad

lettuce, arugula, sweet corn, cherry tomatoes, shaved fennel, toasted walnuts,  
goat cheese

*Tomato vinaigrette*

### Sweet Corn Soup

chicken morsels, thyme, seed oil, cream



CruiseRise.com

## Entrées

### ➡ Fresh Pasta Made on Board

### Casarecce with Creamy Veal Sauce

dried black olives, fresh herbs, mascarpone cheese

### Charred Sea Bass Fillet

crab and arugula salad, curried coconut sauce

### Double-Cut Pork Chop

tarragon jus, cherry tomato and basil



### V Udon Noodles

with crispy vegetables and sprouts, soy sauce

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing  
on request with: chicken breast, shrimp tails, tofu scaloppini

### V Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins



CruiseRise.com

# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Carrot Cake

cheese cream frosting

### New York Cheesecake

with your choice of topping:  
chocolate fudge sauce,  
butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### Peach Melba

vanilla ice cream, peach,  
raspberry coulis, whipped cream



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls  
with crispy seeds

Grissini

Country white rolls

## Starters

### Atlantic Salmon Salad

lime chervil marinade, green pea coulis, roasted cherry tomatoes

### Arugula and Red Porella Ears

arugula leaves



### Summer Salad

lettuce, arugula, sweet corn, cherry tomatoes, shaved fennel, toasted walnuts,  
goat cheese

*Tomato vinaigrette*

### Sweet Corn Soup

chicken morsels, thyme, seed oil, cream

## Entrées

### ► Fresh Pasta Made on Board

### Casarecce with Creamy Veal Sauce

dried black olives, fresh herbs, mascarpone cheese

### Charred Sea Bass Fillet

crab and arugula salad, curried coconut sauce

### Double-Cut Pork Chop

tarragon jus, cherry tomato and basil



### Udon Noodles

with crispy vegetables and sprouts, soy sauce

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing  
on request with: chicken breast, shrimp tails, tofu scaloppini



### Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins



CruiseRise.com

• If you have any allergy or sensitivity to specific foods, please notify our staff before ordering.  
• If you require a special diet please ask our Restaurant Manager one day in advance.  
• \*Public Health advisory: Consuming raw or undercooked meats (poultry, beef, lamb, pork, etc.), seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



Vegetarian



Vegan



No Sugar Added

# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Floating Island

poached egg white, vanilla anglaise, caramel

### New York Cheesecake

with your choice of topping: chocolate fudge sauce, butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### Dame Blanche Sundae

vanilla ice cream, whipped cream, chocolate sauce



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls with crispy seeds

Grissini

Country white rolls

## Starters

### Crispy Potato Pancake with Cured Salmon\*

crème fraîche, shallot, wild fennel



### Vegetable Samosas

traditional vegetable-stuffed Indian parcels, mango chutney



### L'Olivo Salad

baby spinach, blue cheese crumbs, walnuts, raisins, and goji berries  
*Carrot dressing*



### Cream of Pea Soup

mint and plain yogurt

## Entrées

### — Fresh Pasta Made on Board

### Tagliolini with Roasted Scallops and Leeks

saron velouté

### Pan-Fried Sea Bream

parsley wine clams, creamy potato-fennel sauce, melange of fresh vegetables

### Asian-style Glazed Oven-Roasted Pork Feather

crunchy vegetable julienne



### Moroccan-Style Couscous

vegetables, raisins, and almonds

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing  
on request with: chicken breast, shrimp tails, tofu scaloppini



### Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins

# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Peach Cobbler

vanilla ice cream

### New York Cheesecake

with your choice of topping: chocolate fudge sauce, butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### Nougatine Sundae

vanilla ice cream, brittle crumbs, caramel sauce, and whipped cream



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls with crispy seeds

Grissini

Country white rolls

## Starters

### Salmon Tartare with Salmon Caviar\*

cucumber carpaccio, citrus yogurt sauce



### Burrata Cheese

tomato cucumber carpaccio, basil emulsion, crystallized basil

### Green Asparagus Salad

lettuce, asparagus, hard-boiled eggs, crispy julienne prosciutto  
*Yogurt chive sauce*

### Mussel Potato Soup

fresh tomato concassé, marjoram



CruiseRise.com

## Entrées

### Seafood Spaghetti

with roma tomato, fresh basil, and chili flakes

### Grilled Jumbo Shrimp

arugula nut salad, capers, tarragon lemon vinaigrette

### Pork Fillet in Dijon Mustard Crust

cauliflower mousseline, string beans, tomato confit



### Steamed Jasmine Rice

with red beans, crispy tortillas and sweet potato purée

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing  
on request with: chicken breast, shrimp tails, tofu scaloppini



### Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins



CruiseRise.com

• If you have any allergy or sensitivity to specific foods, please notify our staff before ordering.  
• If you require a special diet please ask our Restaurant Manager one day in advance.  
• \*Public Health advisory: Consuming raw or undercooked meats (poultry, beef, lamb, pork, etc.), seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.



Vegetarian



Vegan



No Sugar Added

# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Raspberry Chocolate Tart

ginger cream

### New York Cheesecake

with your choice of topping: chocolate fudge sauce, butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### MSC Sundae

vanilla ice cream, meringue shards, chocolate sauce, whipped cream



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls with crispy seeds

Grissini

Country white rolls

## Starters

### King Crab Compote

vegetable tartare, coconut milk marinade, fresh ginger, tarragon

### Foie Gras Escalope\*

candied apple, fig chutne, port ine reduction

### Waldorf Salad

lettuce, chicken, green apple, celery, walnuts, yogurt, chives  
*Blue cheese dressing*

### V Legume cereal soup

avored ith rosemar

## Entrées

### ••• Fresh Pasta Made on Board

### Ravioli with Lobster Sauce

dilled ricotta filling, lobster morsels, resh herbs

### rilled Swordfish oin

caramelized fennel, candied mash tomato, extra virgin olive oil

### Warm Chicken and Mediterranean Vegetable Salad

goat cheese, Parmesan, olives, arugula

### V Vegetable Flan with Capsicum

garden greens and balsamic dressing

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing  
on request with: chicken breast, shrimp tails, tofu scaloppini

### V Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins

# Lunch

## Desserts

### International Cheese Selection from the Trolley

fruit and vegetable preserves, jellies, honey, dried and fresh fruit

### Nutella Cream Mille-Feuille

vanilla ice cream

### New York Cheesecake

with your choice of topping: chocolate fudge sauce, butterscotch sauce or berry compote

### Selection of Ice Cream and Fruit Sorbets

ask your waiter for our assortment of ice cream and sorbets

### Fantasy Sundae

coee ice cream, caramelized pueed rice, coee sauce, hipped cream



### Ice Cream

ask your waiter for our assortment of ice cream

### Fresh Fruit Plate

## Baked Just for You

### Enjoy a different selection of fresh-baked bread every day

Whole wheat bread rolls with crispy seeds

Grissini

Country white rolls

## Starters

### Hot-Smoked Salmon Rillettes

potato velouté, black pepper, chives



### Aged Cheese Fritters

on tender mesclun leaves, spicy pear compote and cinnamon



### Capri Salad

romaine lettuce heart, cherry tomatoes, black olives, and moarella fiordilatte

*Oregano, caper, and anchovy sauce*



### Cannellini Bean Soup

with potatoes and spinach

## Entrées

### Linguine Pasta with Clams

extra virgin olive oil, garlic, chili pepper and parsley

### Olive Oil-Scented Turbot Fillet

bell pepper coulis, fire-roasted vegetables, sprouts

### BBQ Chicken Legs

garbano pumpkin hummus, sugar snap peas



### Black Bean Vegetable Burrito

tofu sour cream, spicy sauce, and plantain chips

## Always Available

### Caesar Salad

romaine lettuce, croutons, Parmesan, Caesar dressing on request with: chicken breast, shrimp tails, tofu scaloppini



### Pennette Pasta

with fresh tomato basil sauce

### Angus Beef Burger\*

crispy bacon, onion rings, cheddar cheese, steak fries, gherkins

